

# GUIDE TO SENIOR DOG CARE

Dogs are considered seniors between the ages of 7 and 10. With some dogs living well into their teens, these later years shouldn't be overlooked as some of their best. Use this guide to help them live an enriched, healthy, and comfortable life in their golden years.



## Feeding

Consult with your vet about your senior dog's diet since they may need special food.

Include carbohydrates, as they provide valuable energy for an older dog and help to reduce fat.

## Grooming

Brush their teeth often and with a gentler brush.

Keep your dog's nails and fur around their paw pads trimmed for better traction.

## Physical Exercise & Health

Make sure to give your dog at least 30 minutes of exercise each day.

Try shorter walks and low-impact activities.

Take your dog to the vet at least twice a year for a check-up.

## Tips for the Home

Add runners or mats to slippery floors to keep them from slipping.

Train your dog to use a ramp or small staircase so they don't jump up or off furniture.

Provide comfy areas around the house so they can rest their joints.

Get more tips and advice on how to keep your pet happy and healthy on [www.valuepetvet.com](http://www.valuepetvet.com)

