

GUIDE TO SENIOR CAT CARE

Cats are generally considered seniors around 8 to 10 years old. Since cats often live into their late teens, it's important to make this period of their lives a happy one. With this guide, and partnering with your vet, you can help make your senior cat's golden years the best ones yet.



Feeding

Consult with your vet about your senior cat's diet since they may need special food.

Many special foods have nutrients to support kidney function and help with weight and stomach issues.

Grooming

Keep your cat's nails trimmed for better traction.

Brush your cat often with a soft bristle brush to minimize matting. Use cat bath wipes to keep them clean if they're not self-grooming. Consider professional grooming to have the long fur, particularly around the backend, trimmed to make self-grooming easier.

Physical Exercise & Health

Keep up with light play if they're able to.

Use mental enrichment to keep their minds active.

Train your cat to use a ramp or steps to get on and off furniture if they struggle to jump.

Visit your vet every six months so you can catch any new health issues early.

Tips for the Home

Use a litter box with a low opening so it's easier for them to get in and out.

Put down runners or mats on slippery floors to provide more traction and prevent slipping.

Try orthopedic or heated beds to soothe cats with achy joints and muscles.

Get more tips and advice on how to keep your pet happy and healthy on www.valuepetvet.com

