

PET HEALTH CHECKLIST

Preventative care can help your furry friend live a longer, healthier, and happier life! Keep your pet in tip top health by following these vet-approved guidelines.

Remember, your vet is always your best resource so please contact them with any questions or concerns about your pet.



Wellness Visits

Typically will include a thorough, full body physical exam to help detect diseases in their early stages, track behavioral and weight changes and provide a time for you to ask questions, and receive tips for at-home care. Potential topics to cover:

- ☐ Changes in behavior
- ☐ Any lumps/bumps
- ☐ Skin, ears, and eyes check
- ☐ Check for osteoarthritis pain
- ☐ Listen to heart and lungs
- ☐ Oral health
- ☐ Parasite control
- ☐ Vaccination
- ☐ Diagnostic testing

Parasite Prevention

Year-round protection is strongly recommended. Medications should protect against common, harmful pests, including:

- ☐ Ticks
- ☐ Fleas
- ☐ Heartworms
- ☐ Intestinal parasites

Routine Vaccines

- ☐ **RABIES** (required in most states for cats and dogs): Protects against an untreatable disease, which can be transmitted to humans and other animals

DOGS

- ☐ **DAPP:** Protects against distemper (fatal pneumonia and neurologic disease), adenovirus (causes potentially fatal liver disease), parainfluenza (flu-like virus) and, parvovirus (potentially fatal gastrointestinal disease especially dangerous in puppies)
- ☐ **LEPTOSPIROSIS:** Protects against contagious, zoonotic bacteria spread by contaminated water, which can cause liver damage, kidney damage, flu-like symptoms, and in some cases may be fatal
- ☐ **CANINE INFLUENZA VIRUS** (also known as dog flu): Protects against this highly contagious respiratory disease that spreads through direct contact, coughing, and sneezing
- ☐ **BORDETELLA** (also known as kennel cough): Protects against this easily spread respiratory disease. The vaccine is required for boarding and grooming facilities.
- ☐ **LYME DISEASE:** Protects against this tick-borne disease, which can cause lifelong arthritis, heart disease, kidney failure and is potentially fatal

CAT

- ☐ **FVRCP:** Protects against feline virus rhinotracheitis and calicivirus (both affect respiratory system), and panleukopenia (known as feline "distemper" can cause a multitude of clinical signs)
- ☐ **FeLV:** Protects against feline leukemia virus, which can attack the immune system and bone marrow

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Get more tips and advice on how to keep your pet happy and healthy at valuepetvet.com



Things to Watch Out For

If you see these signs or have concerns, contact your vet.

- ☐ **URINARY:** Changes in thirst and urination, straining to urinate, blood in urine
- ☐ **EYES:** Redness, watery eyes, squinting, or green/yellow discharge
- ☐ **MOUTH:** Swelling, foul breath, or bleeding in gums. Teeth should be clean and white
- ☐ **SKIN:** Red or irritated spots, visible fleas or ticks, a strong/foul odor, flaking, loss of hair, or lumps and bumps (look under collar, near groin, and on legs)
- ☐ **EARS:** Foul odor or extensive head shaking/scratching ears
- ☐ **BONES, JOINTS, AND MUSCLES:** Limping after
 - ☐ exercise, lagging behind on walks, slow to rise, difficulty jumping, feeling stiff, difficulty with stairs
- ☐ **BREATHING:** Labored or shallow breathing, coughing, wheezing, or green/yellow nasal discharge
- ☐ **DIGESTIVE:** Diarrhea, vomiting, loss of appetite, or straining to use the bathroom
- ☐

Preventative Exams

Establishes a healthy baseline, evaluates disease risks, and may uncover conditions.

- ☐ **A DENTAL EXAM:** Screens for gingivitis, oral disease, and tooth decay or loss
- ☐ **COMPLETE BLOOD COUNT (CBC):** Provides info on blood cell counts to detect anemia, inflammation, and platelets involved in blood clotting
- ☐ **URINALYSIS:** Provides info on the urinary system and kidneys, and can show signs of things like diabetes
- ☐ **FECAL EXAM:** Tests for intestinal parasites
- ☐ **HEARTWORM/TICK DISEASE TESTING:** Screens for parasitic diseases such as heartworm and tick-borne diseases, like Lyme disease, in dogs and retroviral diseases in cats
- ☐ **THYROID TESTING:** Determines if the thyroid gland is functioning normally
- ☐ **BLOOD PRESSURE:** Screens for elevated or lowered blood pressure
- ☐ **ELECTROCARDIOGRAM:** Provides assessment of heart rhythm
- ☐ **CHEMISTRY PANEL:** Tests for kidney and liver function and can check for endocrine diseases and other internal problems